

**DEE DEE MASCAREÑAS, LMFT**  
MFC25028 Bilingual Psychotherapist

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## RESUME

### EDUCATION:

1989 California State Licensure as a Marriage & Family Therapist  
1983 Master's Program at Phillips Graduate Institute, Encino, CA

### EXPERIENCE:

PRIVATE PRACTICE (1989 - Present) Encino & Pasadena, CA: Working primarily with a multicultural population of individuals and families, utilizing a combination of family systems, cognitive-behavioral, object-relations, reality therapy and gestalt modalities, with a focus toward healing and self-empowerment. Areas of expertise include codependence recovery, adoption issues, sexual abuse and rape survivors, bi-culturalization, parenting concerns, stress management, grief and loss issues, and life transitions. Also providing seminars throughout the State of California, including but not limited to the above-mentioned issues.

KINSHIP CENTER (1996 - Present) Northern & Southern California: Certified as a Trainer of Trainers for this specialized adoption agency's *ACT: An Adoption and Permanency Curriculum for Child Welfare and Mental Health Professionals*. The program is designed for professionals who work in the child welfare systems, specifically within the area of foster care and adoption. Also providing trainings for parents who are in the adoption process or who have already adopted and need professional help and support, all at numerous Kinship Center locations.

PHILLIPS GRADUATE INSTITUTE (2001 - 2006) Encino, CA: As Adjunct Faculty, teaching the Case Conference Course (1<sup>st</sup> & 2<sup>nd</sup> Semesters), and serving as guest lecturer/supervisor for the Latino Family Counseling Program. Also served as guest lecturer for numerous other classes since 1992.

EL NIDO FAMILY CENTERS (1992 - 1999) Pacoima, CA: Developed a counseling program for Victims of Violent Crimes, served as an administrator, and supervised counseling staff for this non-profit, community-based human services agency. From 1992-1998, served as Parent Enhancement Coordinator, creating and implementing a bilingual curriculum, supervising staff, providing outreach and recruiting. Duties further

included the supervision and administration of the counseling component of the program, which utilized interns providing short-term, crisis-oriented therapy.

MENDES CONSULTATIONS SERVICES (1989 - 1996) Los Angeles, CA: Served as an Associate to Dr. Helen Mendes, Founder and Director of a multiethnic mental health corporation. Conducted seminars on cultural sensitivity in the work place, stress management and assertion-skills building, etc., with such entities as the Los Angeles Department of Water & Power, the Judicial Council of the State of California, the California Highway Patrol, the Hughes Corporation and the Los Angeles Unified School District.

LEEWAY SCHOOL (6/90 - 9/92) Alhambra, CA: Worked with a multiethnic population of "seriously emotionally disturbed" teens and latency age children in this non-public school setting. Provided ongoing weekly therapy, interfaced with educational component, facilitated family interventions and co-led a girls' group.

SANTA MONICA HOSPITAL - RAPE TREATMENT CENTER (1989-1990) Santa Monica, CA: Served as a facilitator/teacher with the Center's school-based program. Provided rape awareness and prevention education as well as some crisis counseling in high schools throughout the County of Los Angeles.

#### **REFERENCES:**

Jose Luis Flores, MFT (818) 386-5651  
Martha Nuñez (323) 637-7705  
Amy Heilman (310) 523-9500 x218  
Sharon Kaplan Roszia, LCSW (714) 979-2365  
Allison Davis-Maxon, LMFT (714) 979-2365  
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Yoland Treviño, MFT (626) 794-2906